

BUSH CAMP HOLIDAY ADVENTURES

On receipt of deposit, you will receive a full and detailed enrolment form.
Thank you for choosing Sherpa Kids Bush Camp Holiday Adventures!

FREQUENTLY ASKED QUESTIONS:

Location

200km from Johannesburg
Cell 082 926 2053

WESSA BUSHPIGS EDUCATION CENTRE
Alma District, Modimolle, Waterberg, Limpopo

Medical / First Aid / Hospital

3 Hospitals in Modimolle which is a 20 min drive away.

- The WESSA staff members are trained First Aiders. All medication will be administered by the Sherpa Kids teachers accompanying the students. Please discuss your medical requirements with Sherpa Kids prior to departure.
- In the event of serious illness or injury, the WESSA staff will ensure that the child receives professional help and will liaise with the teachers to ensure that you as parents are informed as soon as possible.
- Parents will be responsible for the costs of any medical treatment.
- No anti-malaria precautions are necessary.

Meals

This is varied each day- examples of meals include:

Breakfast: Eggs and bread, French toast, cereals, fruit salad and yoghurt, scones, pancakes and juices.
Lunch: Mac & cheese, rolls, fish fingers, salads, potato chips, fruits, hamburgers, hotdogs, chicken spreads.
Dinner: Beef stew, braai'd chicken and wors, chicken stew; salads, mushroom and tomato sauce, spaghetti bolognaise, beef and chicken sosaties,. A different dessert is on offer each day.

SPECIAL DIETS

- Children requiring vegetarian diets are easily catered for, as are those with specific dietary requirements e.g. no pork; no wheat.
- Kosher and Halaal children can bring their own food.

Transport Provider

Cool Kids Cabs are providing transport including the BIG YELLOW BUS. All vehicles tracked and have on-board cameras. All drivers trained in First Aid, Defensive Driving, Anti High-jacking and Car/ Booster Seat installation. For information on their services and safety features - kindly visit coolkidscabs.co.za

Electronics Devices

No electronic devices allowed, if you need to contact your child, a Sherpa kids staff member number will be given. Children will be out most days on hikes, bike rides, obstacle courses et al. Cell phone signal is poor so please bear this in mind.

How many children can attend camp?

Minimum 20 and maximum 100. Boys and girls stay in separate dorms/rooms



Contact:

Email: support@sherpakids.co.za

Candice: 082 578 1930

Ray: 082 575 1754

Benita: 011 792 4679

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ENVIRONMENTAL EDUCATION – OVERNIGHT KIT LIST

Environmental Education courses and programmes are designed to accommodate indoor and outdoor learning.

Outdoor programmes are designed to be taught in all forms of weather conditions.

To make this an enjoyable experience ever, please ensure that students come prepared with the appropriate clothing attire.

Students are required to carry an additional backpack during guided walks.

PLEASE NOTE:

- **All meals are provided, NO SNACKS ALLOWED. There is no tuckshop available.**
- Bring OLD CLOTHES that you don't mind getting dirty or torn.
- **Ensure ALL belongings are clearly marked.**
- **On arrival, please be wearing either comfortable walking shoes with closed in toes or straps. (hiking sandals)**
- **Please ensure that the learners' belongings fit into one bag that can be carried on their backs, leaving their hands free.**
- **Please remind all students that they are responsible for their own belongings. The Education centre assumes no liability for any loss, damage or theft of items.**

Here is a suggested list of what the campers should bring with.

Please adjust the number of items packed to the length of stay.

NECESSARY ITEMS	OPTIONAL ITEMS
Day bag / backpack	Aqua shoes (Rocky shore programme)
Sleeping bag / warm blanket	Swimming costume and towel
Pillow	Torch with spare batteries
Change of socks and underwear	Camera
Pyjamas	Notebook and pen
Comfortable old closed shoes	Flip flops (for camp)
1 x t-shirt per day	Wind breaker
2 x shorts	Snacks
2 x long pants	
Sun hat	
Towel	
Raincoat or poncho	WINTER
Sun screen SPF 30+	Hot water bottle
Water bottle	Extra warm clothes
Persona medication i.e. allergies, asthma	Additional blanket – rolled into sleeping bag
Insect repellent	Jersey
Packet for dirty / wet clothing	Beanie

ITEMS NOT ALLOWED:

- Cell phones, tablets, iPods, speakers and other electronic devices.
- Knives
- Matches and lighters
- NO STRAPPY TOPS, DRESSES OR SKIRTS FOR GIRLS as this is very poor sun protection and is also sometimes inappropriate for activities and camp life.



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CAMP MENU

Breakfast	Lunch	Supper	Dessert
Stokbrood (kids make their own bread)	Mac and cheese	Rice and pap with beef stew, salads, mushroom and tomato sauce with a variety of juices	Apple crumble
Hotel (bread and fried eggs)	Rolls, fish fingers, variety of salads, potato chips, variety of juices and fruits (pineapples, oranges)	Rice and pap with braai'd chicken drumsticks and wors, salads, mushroom and tomato sauce with a variety of juices	Malva pudding with custard
French toast, cereals (variety), fruit salad and yoghurt, variety of juices	Hamburgers, variety of salads, potato chips, variety of juices and fruits (pineapples, oranges)	Rice and pap with chicken stew, salads, mushroom and tomato sauce with a variety of juices	Ice cream and jelly
Scones, cereals (variety), fruit salad and yoghurt, variety of juices	Hot dogs, variety of salads, potato chips, variety of juices and fruits (pineapples, oranges)	Spaghetti bolognaise, salads and a variety of juices	Marshmallows and chocolate sauce
Pancakes, cereals (variety), fruit salad and yoghurt, variety of juices	Chicken spreads	Macaroni, mashed potato with pumpkin and beef and chicken sosaties	Chocolate treats
	Macaroni salad	Samp and beef stew, salads, mushroom and tomato sauce with a variety of juices	Peppermint tart

FOR MORE INFORMATION, PLEASE CONTACT

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